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**TRY  
ROWING**

Rowing Summer Camps

Age 11 to 18 years

JUNE - AUGUST 2019

CASTLECONNELL BOAT CLUB

Book early - places limited

[www.castleconnellbc.ie](http://www.castleconnellbc.ie)





Castleconnell Boat Club's **Try Rowing Camps** are designed for boys and girls aged 11 to 18 who wish to learn how to row or improve their technique. Emphasis is on fun in the open air, exercise, team work, making new friends and simply experiencing the joy of rowing.

If you've never rowed on the water, we encourage you to give it a try! The exhilaration of feeling the boat move under your own power is well worth it. Each week-long rowing camp will be run in the picturesque surroundings of Castleconnell Village.

Swimming competency is required.

Please bring a change of clothes, sun cream, swim suit, towel, sun hat and bottle of water.

Camps run weekly, from Monday to Friday, 11am to 2pm each day

Application form and payment details available online at the following link:

[www.castleconnellbc.ie/summer-camps/](http://www.castleconnellbc.ie/summer-camps/)

Alternatively, you can post a completed booking form together with payment of €90 (payable to Castleconnell Boat Club) to:

Castleconnell Boat Club  
c/o Michelle Kiely  
Clontra East  
Sixmilebridge  
Co. Clare

email: CCBCsummercamp@gmail.com  
phone/text: 085 161 6684

Week Beginning	11am - 2pm
June 3rd	
June 10th	
June 17th	
June 24th	
July 1st	
July 15th	
July 22nd	
July 29th	
August 5th	
August 12th	
August 19th	

Rower's name: \_\_\_\_\_

Age: \_\_\_\_\_ School: \_\_\_\_\_

Rowing experience if any: \_\_\_\_\_

Any medical condition we should be aware of: \_\_\_\_\_

Parent's name: \_\_\_\_\_

Home phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Parent's email address for booking confirmation: \_\_\_\_\_

Address: \_\_\_\_\_

Parent's signature: \_\_\_\_\_