

**TRY  
ROWING**

Rowing Summer Camps

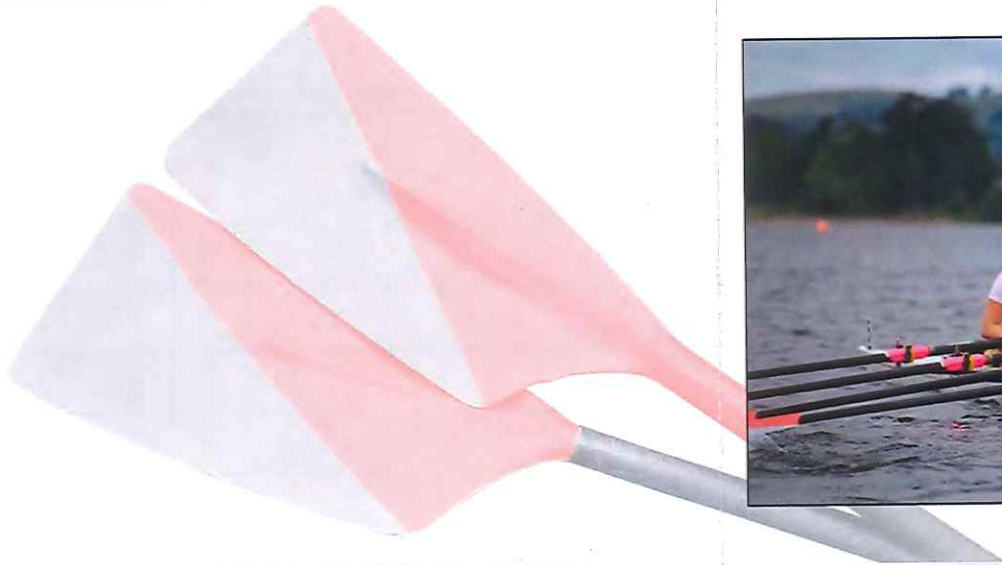
Age 11 to 18 years

JUNE - AUGUST 2018

CASTLECONNELL BOAT CLUB

Book early - places limited

[www.castleconnellbc.ie](http://www.castleconnellbc.ie)







Castleconnell Boat Club's **Try Rowing Camps** are designed for boys and girls aged 11 to 18 who wish to learn how to row or improve their technique. Emphasis is on fun in the open air, exercise, team work, making new friends and simply experiencing the joy of rowing. If you've never rowed on the water, we encourage you to give it a try! The exhilaration of feeling the boat move under your own power is well worth it. Each week-long rowing camp will be run in the picturesque surroundings of Castleconnell Village.

Swimming competency is required.

Please bring a change of clothes, sun cream, swim suit, towel, sun hat and bottle of water.

Camps run weekly, from Monday to Friday and from 11am to 2pm each day

Early booking is advised as places are limited

Please post completed booking form together with payment of €85 per week

(payable to **Castleconnell Boat Club**) to:

Castleconnell Boat Club  
c/o Ita Whittle  
14 Carrigeen, Rivers,  
Annacotty, Co. Limerick.

email: [itawhittle@hotmail.com](mailto:itawhittle@hotmail.com)  
phone/text: 085 161 6684

Week Beginning 11am - 2pm

June 4th

June 11th

June 18th

June 25th

July 2nd

July 16th

July 23rd

July 30th

August 6th

August 13th

August 20th

Please indicate 1st & 2nd preference of camp date

Rower's name: \_\_\_\_\_

Age: \_\_\_\_\_ School: \_\_\_\_\_

Rowing experience if any: \_\_\_\_\_

Any medical condition we should be aware of:

Parent's name: \_\_\_\_\_

Home phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Parent's email address for booking confirmation:

Address: \_\_\_\_\_

Parent's signature: \_\_\_\_\_